

February 2025

From the Editor's Desk

As the final draws for the season are being drawn up I can't help but reflect on my years as an avid curler and a member at Renfrew. My welcome into the club when I joined in 2000 was more than I could have hoped for. The heart and soul of the membership was mighty. However, the infrastructure was old and failing. Leaky roof, moldy ceilings, a heating system as old as the building, an ice plant that was over 50 years old and a membership of less than 100 spelled imminent doom for curling in our community. Today, the membership's heart and soul is still mighty and growing. The building is still old, but no longer failing.

When we applied for our first Trillium Fund grant the ice plant failed catastrophically in the same month we recieved grant approval. There have been many infrastructure changes since then, to numerous to list. We have received 6 grants from OTF and 1 from the federal government. Without Ontario Trillium Foundation support and the generosity of our members and sponsors we would not have curling in this community.

As an avid curler who loves the sport I am so grateful for Ontario Trillium Foundation and all our members throughout the years that have made this curling club the welcoming place it continues to be.

Slainte, Barb Westgarth

Ontario Trillium Foundation Honored

Ontario Trillium Foundation (OTF) was once again honored at the curling club for their continued support of our club. The latest grant was to bulid the new Ice Tech Utility Shed. MPP John Yakabuski made a personal appearance (his last as MPP) to accept the club's appreciation on behalf of the OTF. Dora Bujold also attended acepting thanks from the club on behalf of Norm Bujold for the additional donation of \$7,000.00 not covered by the OTF grant. Finally, Matt St. Louis, a new member to our club, was acknowledged for his work as project manager. Huge kudos to the many volunteers who helped with this lastest infrastructure upgrade.









New Mixed Club Champions Crowned

The Mixed Club Championship was held in January for the first time since COVID. It was a great 2 days of friendly competition with the team of Skip; Barb Westgarth, Third; Jack Macdonald, Second; Allie Pietrzak and Lead: Roy Vasey winning the club trophy.

Congratulations also go out to the B Flight winners Skip; Karl Mann, Third; Theresa Mann, Second; Darrin Topping and Lead; Anne Windle. The ice was keen and the food delicious.

A big thank you to Laurie Millar, Marg Dawson and all the volunteers who made this competition a success.





Falls on the Ice: What to Do

Curling is played on ice and falls sometimes happen. What we don't always know is what to do for the injured player. Here are some guidelines:

- Stop play on the affected sheet of ice. The skip of the affected team will assess injuries. Other participants should stay back and out of the way unless an individual has medical experience. If a skip has fallen, the skip of the opposing team takes responsibility.
- The injury should be assessed. The following observable signs may indicate a possible concussion or serious injury:
 - Lying motionless on the playing surface or loss of consciousness
 - Slow to get up after a direct or indirect hit to the head
 - Disorientation or confusion / inability to respond appropriately to questions
 - Blank or vacant look
 - Balance or gait difficulties, absence of regular motor coordination, stumbling, slow laboured movements
 - facial injury after head trauma
- If any of these observable signs present, please call an ambulance immediately. Do not ask the injured player as they may be in shock and unaware of their injuries.
- If there are no observable signs of impairment the player who fell will be escorted off the ice and sit for 15 minutes in the lounge to ensure there is no further injury.

Planning Team

The club board is putting together a planning committee to make suggestions for committees as a better way to manage the club.

The club needs fresh ideas and that comes with fresh new faces to keep the club from stagnating. The Board needs volunteers. Please contact Keith Moss at keith2907@gmail.com if you are interested

Curling is a wonderful game but accidents do happen. Wear head gear if you are concerned at all about balancing on the ice. Ensure all grippers are functional. If we all play safe and respond appropriately to injuries, we can all continue to play for years to come.

And Now for Something Completely Different



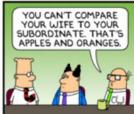














Curling On TV

Scott Tournament of Hearts Feb.14 – Feb 23 TSN

Montana's Brier Feb. 28 – Mar. 9 TSN

LGT World Womens Mar.15 – Mar.23 TSN

BKT Tire Mens Worlds Mar 29 – Apr. 16 TSN

Players Championship Apr. 10 – Apr. 13 Sportsnet

Lazer Measure!

The laser measure is <u>USED ONLY</u> when rocks are around the button. All other rocks are measured with the stick.







